



“Coaching”

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Learning Objectives

- Describe the roles of coaching and consulting in the early intervention process from intake to transition
- Examine the barriers to coaching and consulting that are often identified by FSCs, providers, and families
- Identify facilitators to help us push through the barriers previously examined
- Discuss specific strategies on how to coach and consult within the framework of the PSP approach



Key Terms

Coaching: an interactive process of observation and reflection in which the coach promotes the other person's ability to support the child in being and doing. Coaching assists persons who are identified as being significant in the child's life, and who the child wants and needs to be with and doing what he or she wants and needs to do.

Consulting: A process in which service providers share content expertise in a specific area or discuss evidence-based practice related to the implementation of strategies to achieve outcomes on the individualized family support plan (IFSP). Consultation may be via telephone contact or face-to-face meeting. The family is informed of and participates in consultation at the level desired.



Benefits of C & C

- Focuses on concrete family concerns and priorities- here and now- immediate opportunities for impact
- Occurs within collaborative environment- acceptance of and respect for each other's values, skills, and knowledge
- Begins with skills/strategies the team member exhibits
- Provides support for new ideas and skills to develop with contributions by multiple members
- Increases use of knowledge within practice by working within each other's "zones of proximal development"

Identified Barriers:

- ☐ Logistics
- ☐ Knowledge and skills
- ☐ Teaming
- ☐ Non-functional IFSPs

Identifying Facilitators

What can we do
about logistics?



Identifying Facilitators

How can we
learn the steps
and strategies?



Identifying Facilitators

How can we help team members coordinate with each other and families?



Identifying Facilitators

How can we
make IFSPs
supportive of
consultation and
coaching?





Coaching & Consulting within the PSP Approach

Opportunities for life long learning